

Dental Care and Hygiene

On **Thursday 21st March 2019** Birmingham Dental Students worked with Years 2 and 4 sharing with them basic dental hygiene and how to look after their teeth. The visit was linked to Science topics for the half-term of 'Living Things and the Human Body'. During the sessions, each class split into smaller groups and each group had practical lessons on ways to look after their teeth. The children were able to discuss their ideas and thoughts with the students and the students were able to educate the children on the best ways to keep their teeth healthy. They also learned about healthy eating and estimating the amount of sugar in snacks. Some children dressed up as dentists and they learned about what happens when they visit the dentist. The children had the opportunity to ask dental specialists questions about their teeth and showcase their learning from this half-term. It was a really valuable experience for all involved.

